

We like...

- The beautiful couloir leading to the summit
- The amazing view on Everest (arrive early before it gets clouded...)
- Climbing an 8,000 m peak is always exceptional (Lhotse is the 4th highest peak in the world)
- The life at Base Camp shared with Everest climbers
- The acclimatization on a beautiful 6,000 m peak (Island Peak) just behind Everest

Trip Facts

Elevation:	8,516 m / 27,940 ft
Location:	Nepal Khumbu Valley region
Climbing technique:	Fixed line
Group Size:	3 – 10 people
Route	West Face
Type of climb:	Snow / Ice, occasionally rock

Rating

Difficulty	▲▲▲▲△
Fitness	▲▲▲▲▲
Risk	▲▲▲▲△



Some rest at the Lhotse summit

Why climbing Lhotse with World Sherpas?

- ⊕ The combined experience of clients and leading mountain guides into a single company
- ⊕ A priority given to safety: procedures, training, equipment (avalanche beacon, radio, Garmin In Reach)
- ⊕ A very comfortable set-up at Base Camp
- ⊕ A real sharing of experience with our Sherpas throughout the expedition on climbing technique, physiology and effort management
- ⊕ The use of Garmin InReach satellite systems for your family and friends to follow your progression every 10 minutes
- ⊕ The production of beautiful photos and videos to always remember an extraordinary expedition
- ⊕ An exceptional quality of services at the best price



See dates on website
LHOTSE EXPEDITION

Price

US\$23,000

- Deposit: 30% at booking
- Balance: 70% one month before the departure date

<i>Included</i>	<i>Excluded</i>
<ul style="list-style-type: none"> • All arrival and departure transfer services to and from airport (both domestic and international) • Return domestic flight tickets Kathmandu / Lukla • Transport of up to 2 duffle bags of a maximum total weight of 40 kgs during the trek to Base Camp and on domestic flights • 4 nights' accommodation at a good quality hotel in Kathmandu on B/B basis on a double basis (single option at extra cost) • Accommodation in lodges during the trek • Accommodation in spacious individual tents at Base Camp with foam mattress, carpets, light and storage space • On High Camps, accommodation in shared expedition tents • Necessary staff including experienced guides, cook, kitchen staff and porters during trekking and climbing • Three meals a day (breakfast, lunch and dinner with tea or coffee) during trek and climbing • Climbing permit and all fees required by the local regulations • 1:1 Experienced climbing Sherpa per client on summit day (IFMGA Guide/Aspirant Guide) • 8 oxygen bottles with a Summit mask and regulator (Climbing guides will also be on oxygen to ensure a maximum safety) • First aid medical kit • Registration and fee paid to the Everest Base Camp Medical Clinic • Satellite phone at Base Camp (available to members as a paying service) <p style="text-align: center;">.../....</p>	<ul style="list-style-type: none"> • A summit bonus, or rather safety bonus, is expected by your climbing sherpa (US\$1,000) as well as tips to the kitchen staff and porters (US\$300) whatever happens on the mountain. This is now a practice well established in Nepal. The total amount of US\$1,300 should be deposited in cash to the Sherpa leader in Kathmandu at the beginning of the trip. If you want to add to the standard amount at the end of the trip, it is up to you but there is no obligation. • Tips for Climbing guides and staff according to your wish • Lunch and dinner in Kathmandu (except welcome dinner) • Extras hotel charge at Kathmandu (bar bills, laundry, additional nights) • Personal expenses in lodges during the trek such as battery charging (cameras, phone, laptops), showers, laundry, beverages, bottled water and snacks in lodges • Additional nights in lodges during the trek not planned by us • Internet access during the trek and at Base Camp (we can arrange a Nepalese SIM card and top-up card for you at Kathmandu for calls and internet) • Personal trekking and climbing equipment (see gear list) • Personal medical, travel & evacuation insurance (mandatory) • International airfare • Nepal entry visa fee



See dates on website
LHOTSE EXPEDITION

<i>Included</i>	<i>Excluded</i>
<ul style="list-style-type: none">• Radio set for communication with Base Camp during climbing• Garmin OutReach two-way satellite messaging system with satellite subscription• Avalanche beacon• Solar panel/generator for light and battery charger at Base Camp• Portable hyperbaric chamber at Base Camp• Welcome dinner in Kathmandu• 2 x World Sherpas Duffle bags• World Sherpas T-Shirt• Set of quality photos / films taken by our guides	



On the way to Lhotse



See dates on website
LHOTSE EXPEDITION

Expedition Itinerary

Day	Program
1	Arrival to Kathmandu and transfer to hotel (1,350 m / 4,430 ft)
2	Preparation day for expedition in Kathmandu
3	Fly to Lukla (2,860 m / 9,317 ft) and trek to Monjo (2,835 m / 9,300 ft)
4	Trek to Namche Bazaar (3,340 m / 11,155 ft)
5	Acclimatization day in Namche Bazaar
6	Trek to Pangboche (3,930 m / 12,893 ft)
7	Trek to Dingboche (4,410 m / 14,470 ft)
8	Acclimatization day in Dingboche
9	Trek to Chukhung (4,730 m / 15,518 ft) – Training session on fixed line
10	Trek to Island Peak Base Camp (5,400 m / 16,630 ft)
11	Climb to Island Peak High Camp (6,000 m / 19,685 ft), night at High Camp
12	Climb to Island Peak summit (6,189 m / 20,305 ft) and second night at the High Camp
13	Trek to Chukhung
14	Trek to Lobuche (4,940 m / 16,210 ft)
15	Trek to Everest Base Camp (5,345 m / 17,536 ft)
16-48	Climbing period on Lhotse (see detail next page)
49	Trek to Pheriche (4,371 m / 14,340 ft)
50	Trek to Namche Bazaar (3,340 m / 11,155 ft)
51	Trek to Lukla (2,860 m / 9,317 ft)
52	Scheduled flight Lukla/Kathmandu & transfer to hotel
53	Reserve day at Kathmandu
54	Transfer to airport for departure

The itinerary is indicative and is subject to changes according to weather and mountain conditions as well as other circumstances that the climbing guide will deem necessary for the safety and / or success of the expedition.



See dates on website
LHOTSE EXPEDITION

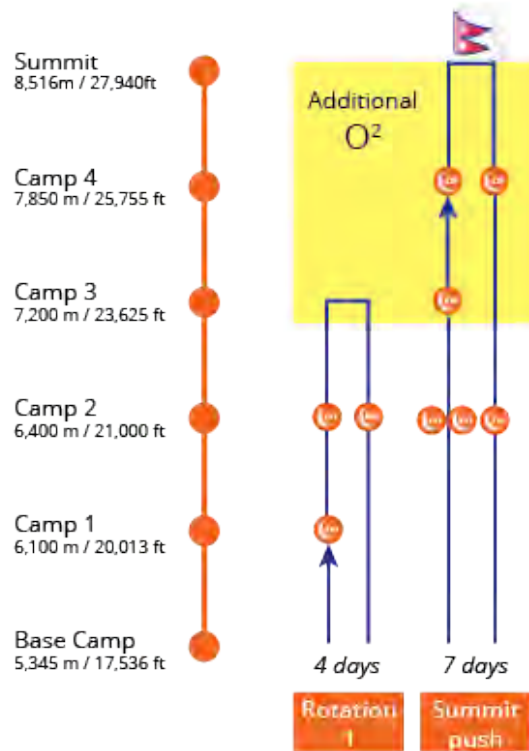
Rotations provisional plan



Lhotse couloir



Lhotse face with Camp 2





Lhotse Climbing Route

<p>Base Camp 5,335 m / 17,500 ft</p> <p>▼</p> <p>Camp 1 6,100 m / 20,013 ft</p> <p>5 hours</p>	<p>Base Camp is at the bottom of the Khumbu ice-fall. The ice-fall is the first section of the Nepal route to Everest and is a spectacular part of the climb. We travel through this maze of ice-blocks and crevasses during the night as it is colder and more stable. There are some steep sections and crevasse crossings that will require ladders. Usually, the route will change on each rotation due to movement of the glacier. Half way between base camp and camp 1, there is the football field, a nice flat area where we will rest, drink and prepare to climb the upper sections of the ice-fall. Once we finish negotiating our way through the upper sections of the ice-fall, we enter the Western Cwm and are treated to amazing views of Lhotse, Nuptse and Pumori. It is a relatively easy walk to camp 1 from the top of the ice-fall.</p>
<p>Camp 1 6,100 m / 20,013 ft</p> <p>▼</p> <p>Camp 2 6,400 m / 21,000 ft</p> <p>4 hours</p>	<p>We leave camp 1 early and start making our way up the Western Cwm. The Western Cwm is a flat, gently rising glacial valley. We cross some crevasses using ladders, lower down close to the base of Nuptse. There are also some crevasses in the central sections of the Cwm. We use fixed line in the lower sections above camp 1. There is not much wind in the valley as it is cut off from the mountains around us. This is one of the reasons why the valley heats up very quickly. There are spectacular views of Pumori, Nuptse, Lhotse and Everest.</p>
<p>Camp 2 6,400 m / 21,000 ft</p> <p>▼</p> <p>Camp 3 7,200 m / 23,625 ft</p> <p>5 hours</p>	<p>We leave camp 2, negotiating some small crevasses until we get back onto the Western Cwm snowfields. Once here, we make our way towards the large Bergschrund at the bottom of the Lhotse face. The normal route is direct up the Lhotse face, using fixed line. The Lhotse face can be thick blue ice and is steep in parts. The average slope is 40/45°. On summit push, there are some good steps kicked in, making the climb to camp 3 less strenuous.</p>



See dates on website
LHOTSE EXPEDITION

<p>Camp 3 7,200 m / 23,625 ft</p> <p>▼ ▲</p> <p>Camp 4 7,900 m / 26,086 ft</p> <p>6 hours</p>	<p>Camp 3 rests on platforms dug out of the Lhotse face. We leave Camp 3 early to climb the fixed ropes towards the Yellow band. Fixed ropes assist us across this snow covered rock band. We traverse the Lhotse face, moving below Lhotse camp 4 before reaching the bottom on the Geneva Spur. The Geneva Spur is between 7,620 m / 25,000 ft and 7,924 m / 26,000 ft. It is a mixture of snow and rock scrambling. From the top of the Geneva Spur, the South Col can be seen and it is a short walk into camp 4.</p>
<p>Camp 4 7,850 m / 26,086 ft</p> <p>▼ ▲</p> <p>Summit 8,516 m / 27,940 ft</p> <p>8-12 hours</p>	<p>A short climb up towards a rock section above camp 4, we turn right and scramble over rock, snow and ice before making our way to the upper sections of the Lhotse face. As we traverse across the huge snow slope, there are amazing views of Everest, the Western Cwm, and Nuptse. Once in line with the entrance to the Couloir, we start to climb a direct line upwards towards it. The slope is approximately 40 degrees until we enter the Couloir. As we start climbing into the Couloir, you are surrounded by huge rock pillars on either side of you and the terrain becomes bit more difficult. There is mixed climbing up through the Couloir and on 50 to 60 degree angled slope. There are some very narrow sections throughout the summit push. The Couloir opens up towards the upper sections and the summit pyramid can be seen on the left side. A small traverse across to the summit pyramid and we begin the scramble on rock, ice and snow to the summit. The summit is narrow and usually only one person can stand on it at one time. Amazing views of Everest, Lhotse South face, Makalu, and many more great Himalayan peaks. It is a short descent back down to camp 4 and if feeling strong enough, the descent can continue down to camp 2.</p>

Base Camp set-up

- Individual spacious tents with mattress, pillow, and light
- Toilet tent
- Shower tent (with hot water available on request)
- Mess tent for meals with table, chairs and cutlery
- Snacks / tea / coffee available during the day
- Heating of mess tent during dinner
- Film projection after dinner

Communications

- Cell phone network is usually available at Base Camp (Ncell as a service provider) but the service is patchy
- Internet is also available (1 GB for \$43 in 2018) and more or less reliable depending on the day
- Company satellite phone is for emergency situations but is available for fee at Base Camp



View of the Western Cwm (valley) from the Lhotse couloir, well above the Nuptse on the left and Cho Oyu in the background