



We like...

- One of the hidden gems of the Himalayas
- A spectacular and comfortable Base Camp located on a yak meadow
- The most incredible summit ridge you can imagine with amazing views of the Khumbu, Gokyo valleys and four 8,000 meters summits
- An interesting mixed climb with rock and snow/ice sections
- Great preparation for an 8,000 m peak

Trip Facts

Elevation:	6,440 m / 21,128 ft
Location:	Nepal Khumbu Valley region
Group Size:	3 – 10 people
Route	South West Ridge
Type of climb:	Rock – Snow / Ice

Rating

Fitness	▲▲▲▲△
Difficulty	▲▲▲△△
Risk	▲▲▲△△



Beginning of the steep snow arete on way to Camp 1

Why climbing Cholatse with World Sherpas?

+	The combined experience of clients and leading mountain guides into a single company
+	A priority given to safety with detailed procedures, training of the team and the best gear in the market
+	A real sharing of experience with our Sherpas throughout the expedition on climbing technique, physiology and effort management
+	The use of Garmin InReach satellite systems for your family and friends to follow your progression every 10 minutes
+	The production of beautiful photos and videos to always remember an extraordinary expedition
+	An exceptional quality of services at the best price, inclusive of tips to the climbing guides and support staff



1st – 24th November 2020
CHOLATSE EXPEDITION

Price

US\$8,500

- Deposit: 30% at booking
- Balance: 70% two months before the departure date

<i>Included</i>	<i>Excluded</i>
<ul style="list-style-type: none"> • All arrival and departure transfer services to and from airport (both domestic and international) • Return domestic flights. • Transport of up to 2 duffle bags of a maximum total weight of 20 kgs during the trek to Base Camp and on domestic flights • 4 nights' accommodation at a good quality hotel in Kathmandu on B/B basis on a double basis (single option at extra cost) • Accommodation in lodges during the trek • Accommodation in spacious individual tents at Base Camp with foam mattress, carpets, light and storage space • On High Camp, accommodation in shared expedition tents • Qualified support team including experienced guides, cooks and porters • Three meals a day (breakfast, lunch and dinner with tea or coffee) • Climbing permit and all fees and deposits required by the local regulations. • 1:1 Experienced climbing Sherpa per client on summit day (IFMGA Guide/Aspirant Guide) • 1 IFMGA guide provided as leader to big group. • First aid medical kit • Garmin OutReach two-way satellite messaging system with satellite subscription • Solar panel/generator for light and battery charger • Welcome dinner in Kathmandu • 2 World Sherpas Duffle bags • Set of quality photos / films taken by our guides 	<ul style="list-style-type: none"> • Lunch and dinner in Kathmandu (except welcome dinner) • Standard tips/bonus to climbing Sherpa and all staff (approximately US\$800) • Extras hotel charge at Kathmandu (bar bills, laundry, additional nights) • Personal expenses in lodges during the trek such as battery charging (cameras, phone, laptops), showers, laundry, beverages, bottled water and snacks • Additional nights in lodges during the trek not planned by us • Internet access during the trek (we can arrange a Nepalese SIM card and top-up card for you at Kathmandu for calls and internet) • Personal trekking and climbing equipment (see gear list) • Personal medical, travel & evacuation insurance (mandatory) • International airfare • Nepal entry visa fee



Descending the South West Ridge

Expedition Itinerary

Day	Program
1	Arrival to Kathmandu and transfer to hotel (1,350 m / 4,430 ft)
2	Preparation day for expedition in Kathmandu
3	Fly to Lukla (2,860 m / 9,317 ft) and trek to Monjo (2,835 m / 9,300 ft)
4	Trek to Namche Bazaar (3,340 m / 11,155 ft)
5	Acclimatization day in Namche Bazaar
6	Trek to Khumjung (3,790 m / 12,435 ft)
7	Trek to Dole (4,038 m / 13,248 ft)
8	Trek to Machermo (4,470 m / 14,665 ft)
9	Trek to Gokyo Lake (4,700 m / 15,419 ft)
10	Climb Gokyo Ri (5,357 m / 17,575 ft)
11	Trek to Cholatse Base camp (4,700 m / 15,419 ft)
12	Rest day in Base camp
13 -19	Climbing Period for Cholatse (6,440 m / 21,128 ft)
20	Trek to Namche Bazaar (3,340 m / 11,155 ft)
21	Trek to Lukla
22	Scheduled flight Lukla/Kathmandu & transfer to hotel
23	Leisure day at Kathmandu
24	Transfer to airport for departure

The itinerary is indicative and is subject to changes according to weather and mountain conditions as well as other circumstances that the climbing guide will deem necessary for the safety and / or success of the expedition.

Global Map



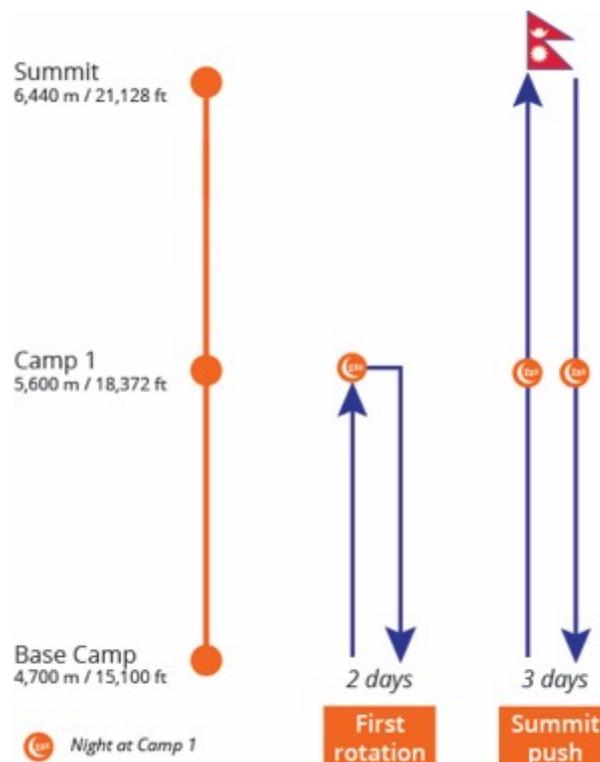
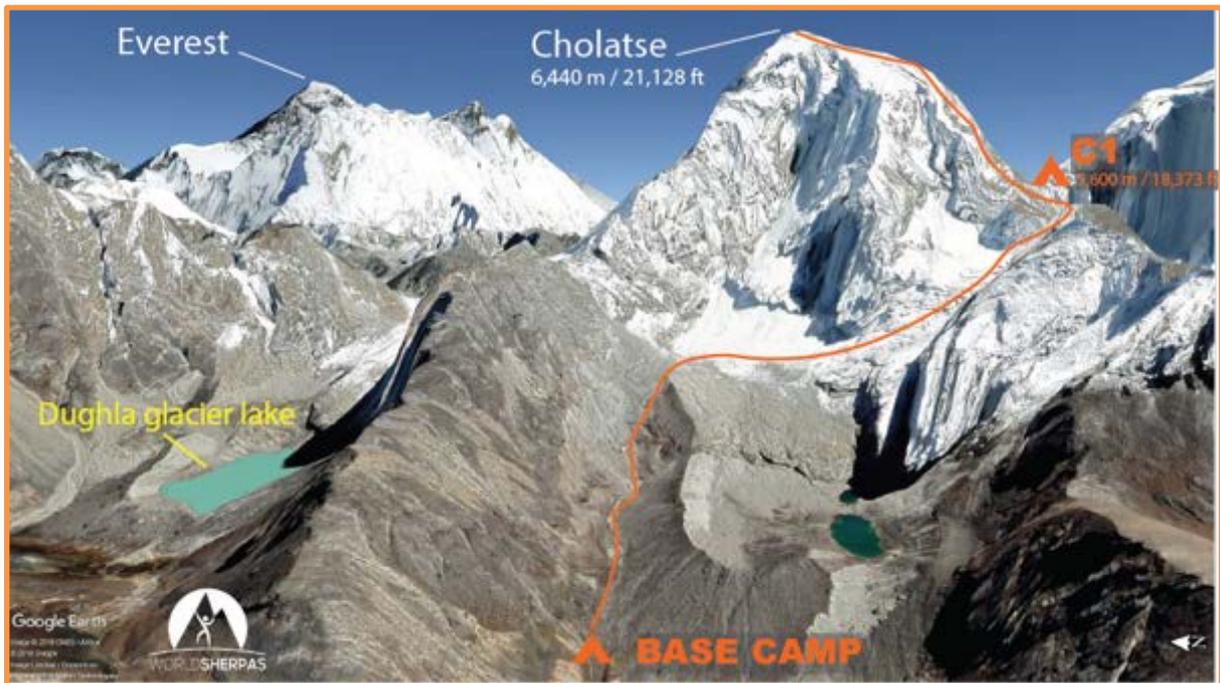
Trekking Route



Cholatse Climbing Route

<p>Base Camp 4,700 m / 15,100 ft</p> <p>▼</p> <p>Camp 1 5,600 m / 18,372 ft</p> <p>6 hours</p>	<p>We leave our beautiful yak meadow and start trekking up the moraine. The slope is gradual and easy going with decent track most of the way. Once we reach top of the moraine, we descend towards crampon point and the start of the glacier. There are beautiful views of the South West ridge as we get closer to the mountain. Care must be taken as we travel across the glacier avoiding deep crevasses and avalanche prone areas. The final section of the climb to Camp 1 is a steep snow arete (approximately 70-degree angle). Once on top of this, we are in the spectacular camp 1 (5,600 m / 18,372 ft)</p>
<p>Camp 1 5,600 m / 18,372 ft</p> <p>▼ ▲</p> <p>Summit 6,440 m / 21,128 ft</p> <p>9 hours + 4 hours</p>	<p>After some hours sleep, we leave early and make our way to the first obstacle, a rock tower of mixed climbing on ice and snow. Once over the right side of this tower, we traverse just below the ridge on loose rock with a huge drop to the right of us. Once past this rocky traverse, we climb back onto the snow and ice of the ridge. As we move higher along the ridge, we come to one of the more difficult sections of the climb. We move under a large serac before being stopped in our tracks by a steep ice-wall. When we get back on the ridge, we get spectacular views of Everest, Lhotse, Makalu, Cho Oyu and other great mountains. We can see our route along the ridge to the summit of Cholatse. As we get closer to the summit, the ridge is very exposed with only enough room to place one foot at a time. Once on the summit plateau, we can see the true summit, a very narrow ice pyramid with only room for one person to stand on at a time. We retrace our steps back to Camp 1.</p>
<p>Camp 1 5,600 m / 18,372 ft</p> <p>▼</p> <p>Base Camp 4,700 m / 15,100 ft</p> <p>4 hours</p>	<p>If the team is strong enough, we have the option to keep descending down to Base Camp. Otherwise, we will spend the night in Camp 1 and leave for base camp early in the morning. We follow the same route on our descent taking great care travelling through the glacier until we reach the safety of the moraine and back to Base Camp.</p>

Climbing map Cholatse South-West Ridge and rotations





Climbing the Ice wall to get onto the summit ridge

Base Camp set-up

- Individual spacious tents with sleeping mat, pillow, and light
- Toilet tent
- Shower tent (with hot water available on request)
- Mess tent for meals with table, chairs and cutlery
- Snacks / tea / coffee available during the day
- Heating of mess tent during dinner

Communications

- Phone network is usually available from Camp 1 (with Nepalese NCell SIM Card)
- Use of Garmin In Reach Satellite system for messaging and tracking
- Company satellite phone is available for a fee at Base Camp



The view along summit Ridge: Everest, Nuptse, Lhotse, Makalu and Baruntse



Camp 1 on Cholatse (5,600 m / 18,372 ft)