



*Pico de Orizaba – Highest mountain in Mexico and 3<sup>rd</sup> highest in North America*

## We like...

- The demanding physical effort of climbing four peaks in 7 days
- The limited time (9 days) for this expedition, perfect for busy climbers!
- Amazing views resulting from the prominent locations of the volcanoes
- A great training for physical and mental preparation for 8,000 m peaks
- Explore some of the interesting culture of Mexico (you can extend your stay to enjoy the various features offered by the country)

## Trip Facts

Location:	Mexico – States of Puebla and Veracruz
Climbing season:	All year
Type of climb:	Rock / Snow / Ice Trekking - Alpine climbing
Elevation:	<ul style="list-style-type: none"> <li>● Toluca 4,680 m / 15,350 ft</li> <li>● Malinche 4,461 m / 14,636 ft</li> <li>● Iztaccihuatl 5,230 m / 17,160 ft</li> <li>● Pico de Orizaba 5,636 m / 18,491 ft</li> </ul>

## Rating

Difficulty	▲▲▲▲▲
Fitness	▲▲▲▲▲
Risk	▲▲▲▲▲



*Orizaba summit ridge*

## Why climb with World Sherpas?

- The combined experience of clients and leading mountain guides into a single company
- A real sharing of experience with our Mountain Guides throughout the expedition on climbing technique, physiology, effort management
- The use of Garmin InReach satellite systems for your family and friends to follow your progression every 10 minutes
- The production of beautiful photos and videos of your climb to always remember an extraordinary expedition
- An exceptional quality of services



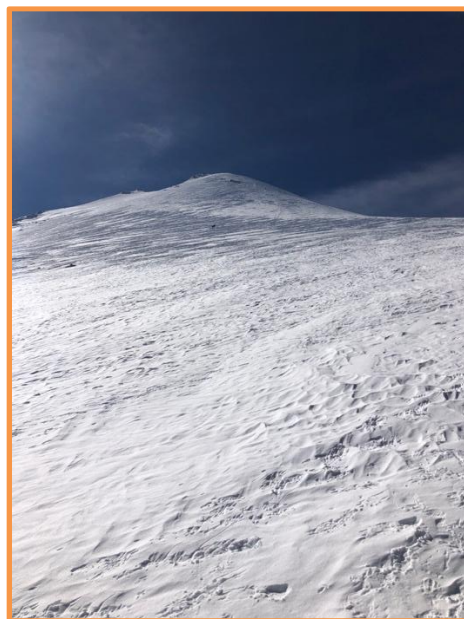
See dates on website or Private Trip  
**BIG FOUR MEXICO VOLCANOS**

**Price**

US\$2,600  
 Per person

- Deposit: 30% at booking
- Balance: 70% 45 days before the departure date

<i>Included</i>	<i>Excluded</i>
<ul style="list-style-type: none"> <li>● All arrival and departure transfer services to and from airport</li> <li>● Transport between climbing locations by jeep / mini bus</li> <li>● Transfer of duffle bags between locations</li> <li>● Accommodation in hotels and mountain huts</li> <li>● Qualified experienced guides (4:1 climber: guide ratio except Pico de Orizaba with 2:1 ratio)</li> <li>● Meals as shown on the itinerary</li> <li>● Climbing permit, all fees and deposits required by the local regulations</li> <li>● First aid medical kit for the group</li> <li>● Use of a Garmin OutReach two-way satellite GPS and messaging system for the team</li> <li>● World Sherpas duffle bag</li> <li>● World Sherpas T-Shirt or buff</li> </ul>	<ul style="list-style-type: none"> <li>● Tip (US\$60-80 as a standard tip)</li> <li>● Lunch and dinner not mentioned in the itinerary</li> <li>● Extras hotel charges (e.g. bar bills, laundry)</li> <li>● Personal expenses during the expedition such as carbonated drinks and alcohol</li> <li>● Additional nights in hotels outside the itinerary</li> <li>● Personal trekking and climbing equipment</li> <li>● Personal medical, travel &amp; evacuation insurance (mandatory)</li> <li>● International airfare</li> <li>● Mexico entry visa fee (when required)</li> <li>● Single room supplement of US\$120 (only in Mexico City)</li> <li>● Charges incurred as a result of delays beyond the control of World Sherpas</li> <li>● Expenses resulting from an early departure of the expedition.</li> </ul>



*Pico de Orizaba*



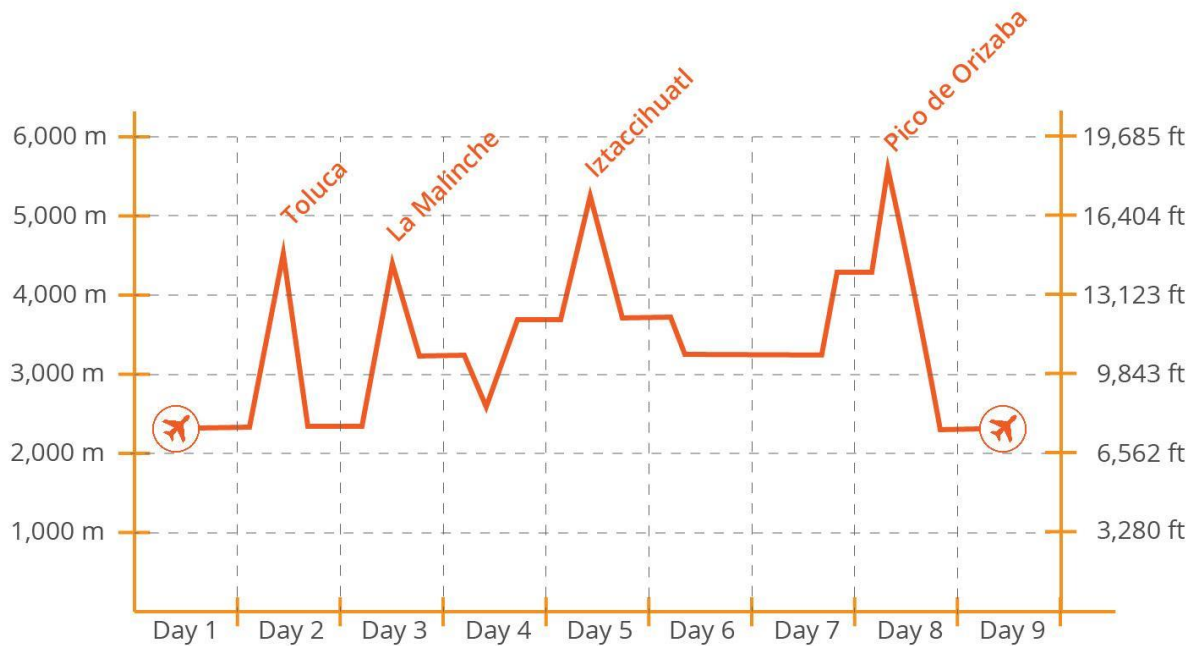
## Expedition Itinerary

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### Location map



### Altitude profile of the expedition





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*B: breakfast - PL: packed lunch - L: lunch - D: dinner*

<b>Day</b>	<b>Program</b>
1	Arrival in Mexico City (2,250 m / 7,382 ft.) Pick up at airport and transfer to hotel. Team meeting at 7pm.
2	Early pick up at hotel. 2.5 hr drive to Toluca and climb Nevado de Toluca (4,680 m / 15,350 ft). Return to hotel in Mexico City. (PL, L)
3	Drive east of city and climb Malinche (4,460 m / 14,636 ft). Stay in Malinche cabins. (PL, L, D)
4	Rest day. Visit of Humantla. Stay in Iztaccihuatl mountain hut. (B, D)
5	Climb Iztaccihuatl (5,260 m / 17,160 ft). Stay in Iztaccihuatl mountain hut. (B, PL, D)
6	Rest day. Visit of Cholula. Stay in hotel in Tlachichuca (B, D)
7	Rest day. Prepare for final summit of expedition. Stay in hotel or Piedra Grande mountain hut. (B, L, D)
8	Summit Pico de Orizaba (5,640 m / 18,491 ft). Return to Mexico City (4 hr drive). (B, PL, L). Back to hotel.
9	Transfer to airport

*The itinerary is indicative and is subject to changes according to weather and mountain conditions as well as other circumstances that the climbing guide will deem necessary for the safety and / or success of the expedition.*



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**Climbing Information**

*Time: Going to the summit and back.*

<p><b>TOLUCA</b>          4,680 m / 15,350 ft          6-7 hours</p>	<p>Toluca is an acclimatization hike passing by two large crater lakes and gradually gaining altitude. At the summit, you will be standing on the 4th highest peak in Mexico.</p>
<p><b>LA MALINCHE</b>          4,461 m / 14,636 ft          4-5 hours</p>	<p>The second climb is Malinche, the 5th highest peak in Mexico. Just north of Puebla, this peak is also generally used as a acclimatization hike. Often on weekends, you can see families hiking and having picnics along the trail. Both Toluca and Malinche are of moderate difficulty. The two volcanoes provide distinct and stunning views.</p>
<p><b>IZTACCIHUATL</b>          5,230 m / 17,160 ft          9-11 hours</p>	<p>“Izta” is the 3rd highest peak in Mexico with an awesome ridge that requires the use of crampons and ice axe. The technical level of this climb is low but still necessitates a good physical condition.</p>
<p><b>PICO DE ORIZABA</b>          5,636 m / 18,491 ft          12 hours</p>	<p>Climbing Pico de Orizaba will be the final climb on the itinerary and a completely different climb than the first three peaks. Orizaba, shaped like a cone, is the highest mountain in Mexico, the third highest in North America after Denali and Mt Logan. It is also one of the seven volcanic summits. The upper slopes of Orizaba (40 degrees) are of glacial ice and require the use of crampons. On clear days, you may see the Gulf of Mexico. This peak is a mountain that requires the same fitness as Izta but once at the top the stunning views will prove to be worth the effort.</p>



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*Dean Carriere, World Sherpas Partner, at the summit of Orizaba*